

HIGH ENERGY DOGS

This dog is an extremely smart and high energy pup! During their time at the MD SPCA they passed their behavior assessment and medical exam. However, they have been returned for being too active and at times destructive in the home. Their needs for extra mental and physical stimulation are significantly higher than the average dog. They will need consistent management and training in a home environment.

RECOMMENDATIONS:

- **Spending at least 5–10 minutes twice a day teaching them something new** using positive training to work their brain
- **Taking them for two thirty minute sniff walks each day.** Where they explore and sniff as much as they want.
- **Giving them adequate exercise through games** like find it, fetch, tug, tag and flirt pole chase. When playing these games, instead of allowing him to work himself into over arousal, we can hopefully interrupt these games with a quick obedience session incorporating behavior that he may already know – like a few repetitions of a sit rewarded with a treat. For the last sit (*or whatever behavior you choose*) you can reward by reinitiating the game. Below are a couple examples of great games to play that can also teach good behavior!
 - Impulse control games** – Games are used to reinforce alternative behaviors to jumping/ mouthing
 - It's Your Choice** – Waiting for wanted item gets you a reward
- Feeding all their calories through **food dispensing toys or training games.**
- Gradually and positively teaching them they can be relaxed and happy when confined to a crate or ex-pen.
 - Capturing Calm Behavior** – Build a reinforcement history for calm behavior by catching or “capturing” calm behavior when you calmly dropping treats for her anytime she settles and is not fixating on you or your treats.